

REFRESH YOUR KITCHEN

INSTRUCTIONS

SHOPPING LIST

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|--|---|--|
| <input type="checkbox"/> Advance Interior Paint | <input type="checkbox"/> 4" Foam or Microfiber Roller | <input type="checkbox"/> Medium Grit Sandpaper |
| <input type="checkbox"/> Stix Primer | <input type="checkbox"/> Angular Brush | <input type="checkbox"/> Light Grit Sandpaper |
| <input type="checkbox"/> TSP Cleaner | <input type="checkbox"/> Painters' Tape | <input type="checkbox"/> Drop Cloth |

PREP

1. Proper prep before a kitchen cabinet paint project makes for far better results. Take the time up front and you will be thankful you did.
2. Remove doors, drawers and hardware. Removing hinges and pulls gives you the flattest surface to paint and prevents you from getting any paint on the hardware itself, if you plan to reuse it.
3. Find a workspace to paint your cupboard doors. You'll need to leave them in your workspace for extended periods to dry.
4. Clean all surfaces using TSP will help remove the age-old grease and grime. Wipe down again with a damp cloth.
5. Sand lightly. Use a medium grit sandpaper (100- to 150-grit) to roughen up the surface. This will give the surface extra "teeth" to grab hold of the paint as it's being applied.
6. Clean surfaces again, using a damp cloth, wiping away any new dust.
7. Tape any adjacent surfaces with painter's tape and cover with a drop cloth any areas to be protected.

PRIME

1. Prime with **Stix Primer**. It will turn any new or unknown surface into a blank canvas, which is especially handy in new-to-you-homes where previous coatings aren't known. Wait 24 hours, until dry.
2. Lightly sand with 220-grit sandpaper to smooth out drips or pools and give the surface extra grip for the **Advance Interior Paint** for Cabinets to bond.

PAINT

1. Using **Advance Interior Paint**, apply the first coat. Cut in on uneven surfaces and corners with an angled brush. On flat surfaces, use a 4" foam or microfiber roller. Let the paint dry completely for 24 hours.
2. Once the paint is fully dry, sand with 220-grit sandpaper, again to encourage adhesion. Then, wipe away any new dust with a slightly damp cloth.
3. Apply second coat. Let the paint dry for 24 hours before reattaching hardware and reinstalling cabinet doors. After reinstalling hardware, please allow 5 - 7 days for Advance to fully cure.

MORE QUESTIONS? Contact your local **Benjamin Moore Paint Shop** and our expert staff will be happy to help. Visit our website at paintshop.ca to find a location near you.

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HERE TO *Help*