

HOW TO PAINT A CEILING

INSTRUCTIONS

SHOPPING LIST

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|---|--|--|
| <input type="checkbox"/> BM Waterborne Ceiling Paint | <input type="checkbox"/> Extension Pole | <input type="checkbox"/> Drop Cloth |
| <input type="checkbox"/> Primer | <input type="checkbox"/> Angular Brush | <input type="checkbox"/> Humidity Guage (optional) |
| <input type="checkbox"/> 15mm Rollers | <input type="checkbox"/> 2" Painters' Tape | <input type="checkbox"/> BM Extender (optional) |

PREP

1. Clean the entire ceiling ridding the surface of dust, cobwebs and general surface grime.
2. Prepare any cracks or holes with spackling or drywall compound and sand flush before using latex Gyproc primer.
3. Removing ceiling fixtures, turning off power to the fixtures before removing.
4. Cover the floor and any larger furniture with drop cloths or plastic film, taping down to baseboards or to edges of floor if there is a risk of the drop cloth or plastic moving from a surface.
5. If only painting the ceiling, mask off the tops of the wall or crown molding with 2" painter's tape

PRIME

1. Repair any issues that cause moisture or mildew before priming.
2. Using the appropriate primer, cover water or mildew stains.

PAINT

1. Cool the room to around 18°C and ensure the humidity is 50%.
2. Cut in the edges with an angular brush
3. Using a 15mm roller, extension pole and **BM Waterborne Ceiling Paint** start rolling on the paint keeping the roller facing in the same direction without switching hands. Try to avoid pushing too hard on the roller to help avoid roller marks. Paint towards windows or wherever most of the light enters the room.
4. Allow paint to dry 1 - 2 hours, then apply second coat.

MORE QUESTIONS? Contact your local **Paint Shop** and our expert staff will be happy to help. Visit our website at paintshop.ca to find a location near you.

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HERE TO *Help*